

A Clinico-Hematological Study of Cases of Leucoerythroblastic Reaction

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ABSTRACT

Background: Leucoerythroblastic Reaction (LER) is defined as the presence of immature red cells and immature white cells of the myeloid series in peripheral blood. Literature has revealed various causes for LER, which include hemolytic anemia, infections, megaloblastic anemia, liver diseases and others.

Objectives: To study the hematological changes, especially peripheral blood smear (PBS) findings in LER cases.

Methods: A total number of 100 consecutive cases which revealed LER on peripheral blood smear (PBS) were included in this study. Various hematological parameters such as hemoglobin, total leucocyte count, platelet count as obtained from the automated blood cell counter and PBS findings were analysed.

Results: In the present study, majority of the cases (30%) were in the age range of 21 to 30 years, with equal gender distribution. Anemia was seen in 87% of the cases, leucocytosis in 79% and thrombocytopenia in 60%. Polychromasia with increased reticulocytes was noted in 55% of the cases. Nucleated RBCs were noted in all cases. All cases showed shift to left in the myeloid series. Commonest cause of LER encountered was hemolytic disease (29%) followed by liver diseases (22%) and septicemia (18%).

Conclusion: The present study emphasizes various etiologies of LER and the importance of reporting LER in PBS. Examination of peripheral blood smear for morphology of RBCs, WBCs and platelets gives a clue to the etiology.

Keywords: Hematology, Leucoerythroblastic Reaction, Peripheral Blood Smear

Introduction

Leucoerythroblastic reaction (LER) is defined as ‘the presence in the peripheral blood, of the immature red cells and few immature white cells of the myeloid series’.^[1] While LER was known to be classically associated with bone marrow infiltrations and disseminated malignancy, studies in literature revealed various other causes to be associated with its occurrence.^[2, 3] Notable causes among them are as follow

1. Hemolytic diseases including congenital and acquired hemolytic anemias
2. Bone marrow infiltrations by carcinomatosis, leukemias, lymphomas, Hodgkin’s disease and in myelofibrosis and myelomatosis
3. Bacterial infections including cellulitis, peritonitis, abscess and wound sepsis
4. Liver diseases including fulminant hepatitis and cirrhosis
5. Megaloblastic anemia
6. Miscellaneous causes including drug reaction, bleeding and uremia^[1]

The incidence of LER is found to be around 0.33 to 0.45%.^[4]

Literature suggests that though LER is present in a variety of clinical conditions, there is a mechanism common to most of these – the presence of stress or damage to the marrow and the evolution of areas of extramedullary hematopoiesis, where a well organised sinusoidal structure may not exist and the physiologic and physical barriers restraining immature cells may not be effective as in the marrow.^[5] Leucoerythroblastosis can be associated with various causes but bone marrow examination is essential for differential diagnosis with leukemia.^[6]

The morphology of the circulating cells may offer clues as to the cause of the leucoerythroblastic picture.

With this backdrop, the present study was planned to study the hematological changes, especially peripheral blood smear (PBS) findings in LER cases.

Materials and methods

Ethics: Prior approval was taken from Institutional Ethics Committee before commencing the study. A written informed consent was taken from patients or guardian/parents as applicable.

Methodology: The present study was an observational, cross-sectional study conducted over two years of duration

in the Department of Pathology of 'a' tertiary care hospital in Mumbai. A total of 100 cases of leucoerythroblastic reaction detected on peripheral blood smear from all the age groups and either gender, except for neonates were included in the study.

Samples which revealed leucoerythroblastic picture on peripheral blood smear among the ones received in the hematology and clinical pathology section (which processes samples of hospitalized patients) of the pathology department for routine hematological investigation, i.e., complete blood count were reviewed. The values of Hb, RBC indices, total leucocyte count, platelet count of these already processed samples (on automated blood cell counter) were noted and the peripheral blood smears made from these same samples were observed for morphology of RBCs, WBCs and platelets. The diagnosis of leucoerythroblastic reaction was based on Vaughan's original definition^[1] i.e., the coexistence of myeloid precursors (metamyelocytes, myelocytes, promyelocytes and myeloblasts) and erythroid precursors in the peripheral blood.

The patient information was collected in a preformed structured proforma. The clinical details were obtained from the medical records and other specialized hematological investigations, such as bone marrow examination reports were obtained, wherever available.

Detailed study of morphology of RBCs, WBCs and platelets as observed in peripheral blood smear was performed and the same was correlated with other hematological parameters.

Statistical Analysis: All the categorical and quantitative data was presented as frequency and proportion. Analysis of data was done using Microsoft Excel® 2010.

Results

- i). **Demographics of Cases:** Of all the cases we received over two years, only 0.15% cases had evidence of leucoerythroblastic reaction. We analysed 100 consecutive cases showing LER on PBS. Of these 100, 50 were females. 30 cases were seen in the age group of 21-30 years followed by 17 cases from 31-40 years and least being from 71-80 years and infants, five each. Demographics are depicted in the figure 1.
- ii) **Distribution of Hemoglobin [Hb] Across Cases:** Out of 100 cases, 87 cases had hemoglobin (Hb) less than 10 gm %. Nine cases had Hb less than 4 gm % while one had Hb above 12 gm%. Distribution of Hb across cases is in table 1.
- iii) **Total Leukocyte Count [TLC] Distribution:** Two patients had TLC of <4000 /cmm while 19 patients had

normal TLC (4000/cmm - 11000/cmm). Remaining patients had count more than 11000 /cmm, out of which nine patients had TLC count >40000/cmm.

- iv) **Platelet Count Distribution:** Thrombocytopenia (platelet count less than 1.5 lakh/cmm) was seen with 60 patients. While eight patient had high platelet counts (more than four lakh/cmm).
- v) **Distribution of Causes:** In the present study, hemolytic diseases (HD) was the most common (29%) cause of the leucoerythroblastosis, followed by liver diseases (LD) (22%) and septicemia (SP) (18%). Megaloblastic anemia (MA) was diagnosed in 11 patients, eight were diagnosed as myeloproliferative disorders (MPD) while ten as miscellaneous (MIS) where cause could not be classified. Metastatic carcinoma (MCA) and multiple myeloma (MM) was diagnosed in one patient each. Distribution of etiology of patients with LER is given in Figure 2.

Among 29 cases of hemolytic diseases, there were nine cases of thalassemia major [Fig 3], three cases of thalassemia intermedia, one case of thalassemia trait, seven cases of sickle cell anemia, two cases of sickle beta thalassemia, five cases of autoimmune hemolytic anemia, one case of hemolysis secondary to prosthetic valve and one case of hemolysis following snake bite.

Among 22 cases of liver diseases, commonest cause was alcoholic liver disease (5), followed by viral hepatitis (4) and obstetrics related liver disease (3). This was followed by cases of Wilson's disease (2), dengue related liver disease (2), AKT induced liver diseases (2) and other causes.

Among the 18 cases of septicemia – abscesses (of liver or spleen) were seen in three cases, three cases had respiratory tract infection, two cases had cellulitis of limb, two had spontaneous bacterial peritonitis, two had post-operative sepsis and two cases were of puerperal sepsis.

Among 11 cases of megaloblastic anemia, six were deficient only in vitamin B12, three were deficient in both vitamin B12 and folic acid and remaining two were due to folic acid deficiency secondary to drugs.

Among the eight cases of myeloproliferative disorders there were four cases each of chronic myeloid leukemia and myelofibrosis [Fig 4,5].

- vi) **Hemoglobin distribution among various causes of LER:** Cases with low hemoglobin levels were commonly seen with megaloblastic anemia, followed by hemolytic diseases and liver diseases. One case of autoimmune vasculitis (classified under miscellaneous) had the highest Hb level [12.6 gm%]

in our study. Distribution of Hb levels among various causes of LER is given in table 2.

- vii) Total leucocyte count distribution among various causes of LER:** Maximum number of cases (10) with normal count (between 4000/cmm and 11000/cmm) were seen with megaloblastic anemia. One case of megaloblastic anemia had low count (less than 4000/cmm). Three out of eight cases with myeloproliferative disorders showed corrected total leucocyte count more than 40000/cmm. Maximum number of cases with total count between 25000/cmm and 40000/cmm were seen with septicemia. Distribution of TLC among various causes of LER is presented in table 3.
- viii) Platelet count distribution among various causes of LER:** Lower platelet counts (less than 1.5 lakh/cmm) were commonly encountered with megaloblastic anemia, followed by septicemia and liver diseases. Instances of normal and high platelet counts were seen commonly with hemolytic diseases. Platelet count distribution among various causes of LER is given in table 4.
- ix) Average values of Hb, TLC and platelet count among various causes of LER:** In the present study, average hemoglobin level was lowest with megaloblastic anemia, followed by hemolytic diseases. Higher average hemoglobin values were seen with septicemia. Highest average corrected total leucocyte count was seen with myeloproliferative disorders, followed by septicemia and liver diseases. Lower total leucocyte counts were commonly associated with megaloblastic anemia. Highest average platelet values were associated with myeloproliferative disorders, followed by hemolytic diseases. Lowest average platelet values were seen with megaloblastic anemia, followed by septicemia. Megaloblastic anemia had the lowest average values of all the above 3 parameters. Average values of Hb, TLC and platelet count among various causes of LER are presented in table 5.
- x) Distribution of nucleated RBCs (nRBCs), Reticulocyte count and WBC precursors among various causes of LER:** In the present study, nRBC counts were in the range of 2 to 588 with an average of 43 per 100 WBCs counted. Reticulocyte counts varied from 1 to 33 percentage, with an average of 5.5%. Around 55% of the cases showed increased reticulocyte count (more than 2.5%). This corresponded to the number of cases showing polychromasia on PBS. Counts of leucocyte (myeloid) precursors (metamyelocytes, myelocytes, promyelocytes and myeloblasts) varied from 3 to 44 percentage, with an average of 11.

Higher nucleated RBC counts and high average nucleated RBC count were seen with hemolytic diseases. Lower average nRBC counts were seen with megaloblastic anemia. Reticulocyte counts were highest in hemolytic diseases (as high as 33%) and also was average high reticulocyte count (9%). This was followed by megaloblastic anemia which had an average reticulocyte count of 8%. Highest number and high average number of WBC precursors were seen with myeloproliferative diseases and this was followed by septicemia. Higher number of band forms were seen in cases of septicemia. PBS in a case of multiple myeloma showing shift to left in myeloid series and a plasma cell [inset] in fig 6. PBS picture of a case of metastatic carcinoma showing LER is depicted in fig 7 and the bone marrow of the same case showing malignant epithelial cells in Fig. 8. Distribution of nRBCs, reticulocyte counts and percentage of WBC precursors among various causes of LER is given in table 6.

- xi) Mean corpuscular volume (MCV) and Red blood cell distribution width (RDW-SD) among various causes of LER:** In the present study, MCV values ranged from 53.2 to 124 fL, with an average of 85 fL. RDW – SD values ranged from 11.3 to 40, with an average of 23. Higher values of MCV were seen with megaloblastic anemia, highest MCV noted being 124.2 fL, with an average of 103 fL. Average low MCV values were seen with hemolytic diseases. Higher values of RDW – SD were seen with myeloproliferative disorders, followed by hemolytic diseases. Distribution of MCV and RDW – SD values among various causes of LER is given in table 7.

Discussion

- i) Demographics:** In present study, the incidence of LER was 0.15% among all the blood samples received in the hematology laboratory. This is lower than the incidence reported in the study by Ken Sang Lee *et al.* [0.33%] and by Retief *et al.* [0.45%].^{14, 71} This difference can be due to the relative homogeneity of the population as the study is conducted at one centre only.

In current study we had equal distribution of cases across the gender. This was found contrasting with the findings by Retief *et al.* [70 females, 30 males] while it is comparable with the findings by Ken Sang Lee *et al.* [57 males, 43 females].^{14, 71}

In the present study, majority of the patients were in third decade (30%), followed by fourth decade (17%) and seventh decade (12%). 12% of the patients belonged to pediatric age group (12 years or less). These results were comparable to those by Retief *et al.* [majority of

Table 1. Distribution of Hb across cases.

Hb (in gm %)	Number of cases
< 4	9
4 to 10	78
10 to 12	12
>12	1

Table 2. Distribution of Hb levels among various causes of LER.

Hb level distribution among various causes								
	HD	LD	SP	MA	MPD	MCA	MM	MIS
<4	5	2	0	3	1	0	0	0
4.1 – 6	7	2	2	5	1	0	1	5
6.1 – 8	8	11	5	2	3	0	0	1
8.1 -10	8	6	6	1	1	0	0	1
10.1 -12	1	1	5	0	2	1	0	2
>12	0	0	0	0	0	0	0	1
	29	22	18	11	8	1	1	10

Table 3. Distribution of TLC among various causes of LER.

Distribution of TLC among various causes of LER								
	HD	LD	SP	MA	MPD	MCA	MM	MIS
<4000	1	0	0	1	0	0	0	0
4000 – 11000	3	3	2	10	0	0	0	1
11000 – 25000	22	12	8	0	3	1	1	6
25000 - 40000	2	5	6	0	2	0	0	2
>40000	1	2	2	0	3	0	0	1
	29	22	18	11	8	1	1	10

Table 4. Platelet count distribution among various causes of LER

Platelet count distribution among various causes of LER								
	HD	LD	SP	MA	MPD	MCA	MM	MIS
<15000	0	0	1	1	0	0	0	0
15000 – 1 lakh	8	11	10	8	3	1	0	4
1 lakh – 1.5 lakh	4	4	3	1	1	0	0	0
1.5 lakh – 4 lakh	12	6	3	1	3	0	1	6
>4 lakh	5	1	1	0	1	0	0	0
	29	22	18	11	8	1	1	10

Table 5. Average values of Hb, TLC and platelet count among various causes of LER.

Average values of Hb, TLC and platelet count among various causes of LER								
	HD	LD	SP	MA	MPD	MIS	MCA	MM
Hemoglobin (gm%)	6.5	7.2	8.5	5.5	7.1	7.8	10.9	5.8
TLC (/cmm)	16400	22250	27000	7500	34000	18500	13600	16800
Platelet count (Lakhs/cmm)	2.5	1.5	1.3	0.73	3.5	2.1	0.37	1.5

Table 6. Distribution of nRBCs,reticulocyte counts and percentage of WBC precursors among various causes of LER

Distribution of nRBCs and reticulocyte counts and percentage of WBC precursors among various causes of LER			
	nRBCs (average)	Reticulocyte (average)	WBC Precursors (average)
Hemolytic diseases	4-588 (106)	2 – 33 (9)	3 – 21 (8)
Liver diseases	2-72 (18)	1 – 10 (3.5)	3 – 23 (10)
Septicemia	2-85 (17)	1 – 9 (2.5)	4 – 30 (11)
Megaloblastic anemia	2-40 (14)	2 – 18 (8)	3 – 16 (10)

Distribution of nRBCs and reticulocyte counts and percentage of WBC precursors among various causes of LER			
	nRBCs (average)	Reticulocyte (average)	WBC Precursors (average)
Myeloproliferative disorders	3-72 (20)	1 – 6 (2.5)	4 – 44 (25)
Miscellaneous	2-37 (15)	1 – 11 (5)	4 – 21 (10)
Overall	2 -588 (43)	1 – 33 (5.5)	3 – 44 (11)

Table 7. Distribution of MCV and RDW – SD values among various causes of LER.

Distribution of MCV and RDW – SD values among various causes of LER		
	MCV fL (average)	RDW –SD (average)
Hemolytic anemia	62.3 – 120.1 (79)	11.3 – 4 (24.5)
Liver diseases	58 – 99.3 (85)	16.6 – 35 (23.5)
Septicemia	63.4 – 88.7 (82.7)	13.4 – 30.2 (19.7)
Megaloblastic anemia	79.7 – 124.2 (103)	13.2 – 39 (25)
Myeloproliferative disorders	53.2 – 94.8 (78.4)	19.1 – 36.5 (27.1)
Miscellaneous	77.4 – 103.5 (90.5)	13.6 – 24.9 (18.1)
Overall	53.2 – 124 (85)	11.3 – 40 (23)

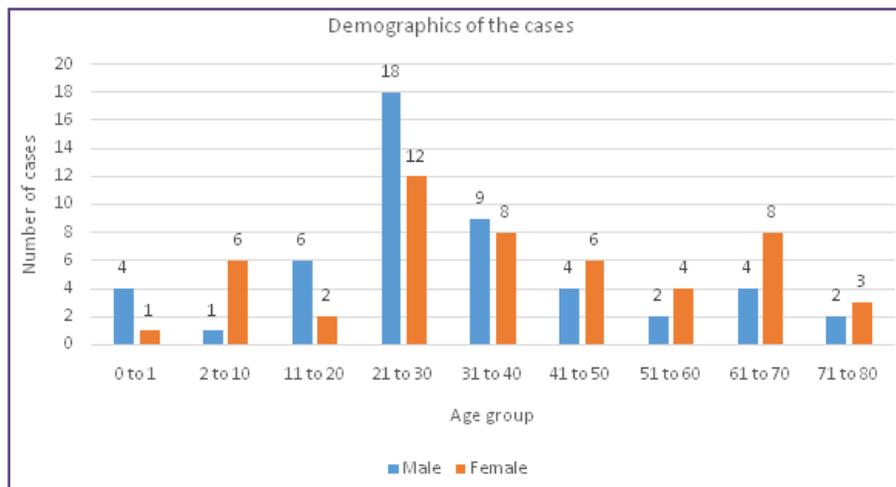


Fig. 1: Demographics of cases.

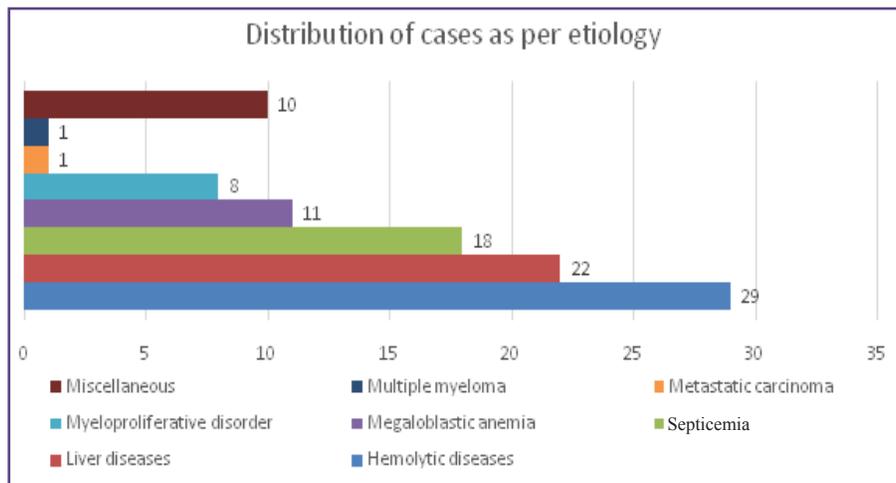


Fig. 2: Distribution of cases as per etiology.

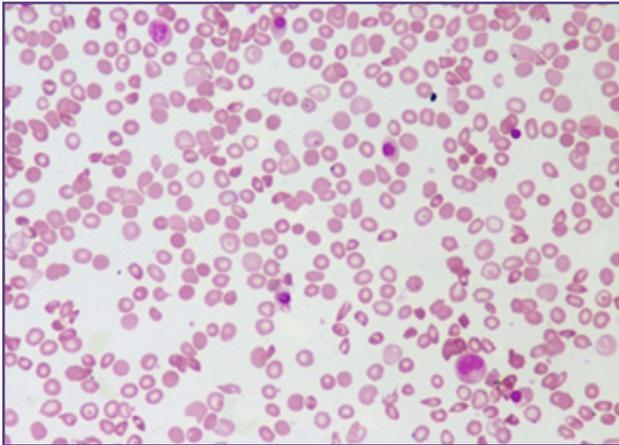


Fig. 3: PBS (400x): Thalassemia major showing few spherocytes, polychromasia, target cells, myeloid precursor and nRBCs.

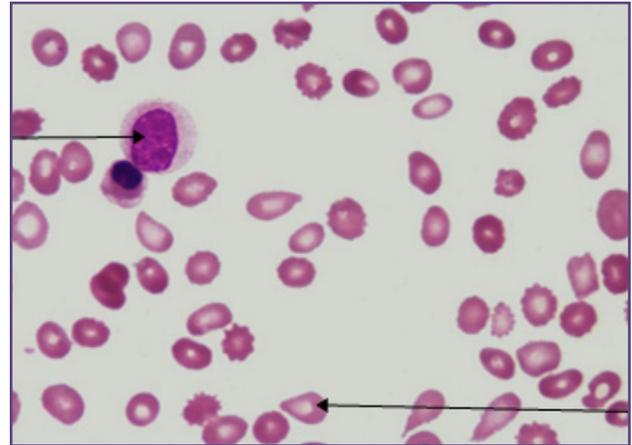


Fig. 4: PBS (1000x): Myelofibrosis showing tear drop RBCs, a myelocyte and nRBC.

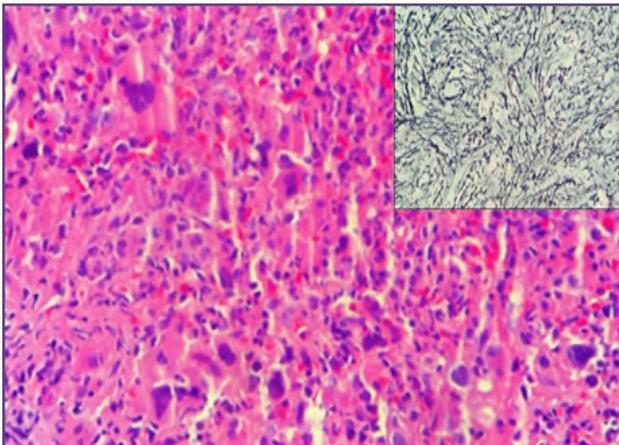


Fig. 5: BM Biopsy (100x, HE) Myelofibrosis showing cellular marrow with hyperplasia of the myeloid and megakaryocytic series with few dysplastic megakaryocytes. Inset: BM Biopsy (100x, Reticulin) Myelofibrosis showing grade 2-3 reticulin fibrosis.

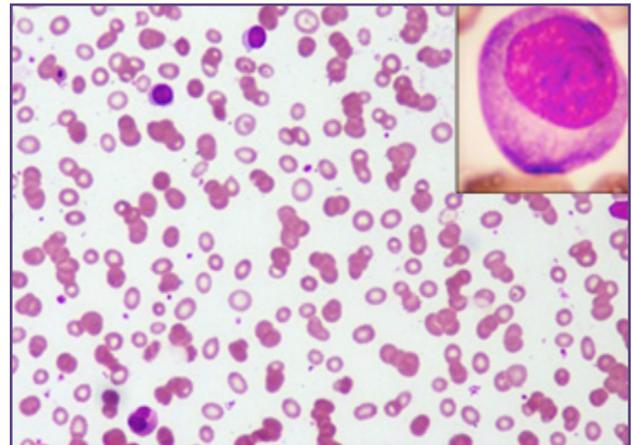


Fig. 6: PBS (400x): Multiple Myeloma showing rouleaux formation, shift to left in myeloid series and a plasma cell [Inset].

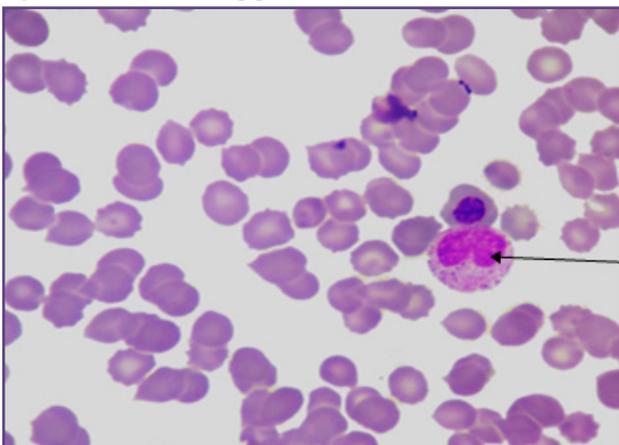


Fig. 7: PBS (1000x) case of Metastatic carcinoma showing a metamyelocyte and nRBC.

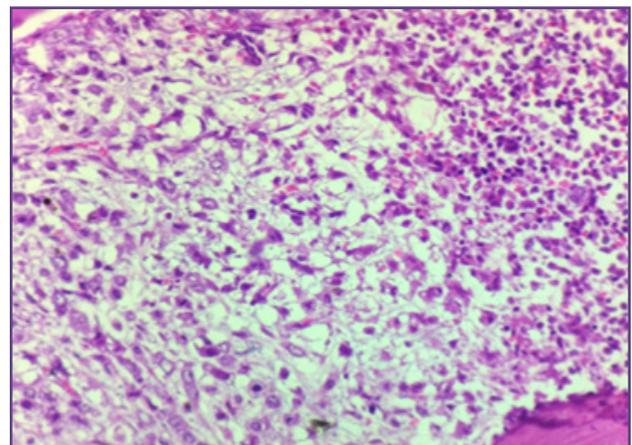


Fig. 8: BM Biopsy (400x, HE) Metastatic Carcinoma showing a tumour composed of large malignant epithelial cells.

the cases fell in the third decade (30%) followed by fourth decade (22%) and were contrasting to those by Ken Sang Lee *et al.* [33% pediatric cases].^[4,7]

ii) **Distribution of Hb across cases:** The hemoglobin values of cases in current study ranged from 2.5 to 12.6 g/dL with average hemoglobin of 7.1 g/dL. The range of hemoglobin values mentioned in Vaughan’s study was between 2.5 and 8.3, with an average of 5.4 g/dL.^[1] In the study by Retief, the range was between 2.7 and 15, with an average of 8.9 g/dL. ^[4] Burkett *et al.* found the range of haemoglobin values to be in between 6.8 and 12 g/dL with an average of 9.1 g/dL. ^[8] The values in our study nearly correlates with the hemoglobin values in all these studies.

In our study, 87% of patients had hemoglobin less than 10 g/dL; 9% of patients had Hb values less than 4 g/dL. Only one case had hemoglobin more than 12g/dL. Maximum number of cases i.e., 78% had hemoglobin in the range of 4 to 10g/dL. This nearly correlates with the study by Ken Sang Lee *et al.* where the maximum number of cases, 69%, had hemoglobin levels between 6 and 12 g/dL^[7] and with the study by Burkett *et al.*^[8], where 76% of cases had hemoglobin in the range of 6 to 10g/dL and also Vaughan’s study^[1], where 85% of cases had hemoglobin values ranging from 3 to 8 g/dL.

iii) **Total leucocyte count [TLC] distribution:** Corrected total leucocyte count in the present study ranged from 3700/cmm to 65800/cmm with an average of 20500/cmm in our study and 79% of the cases had high count. The study by Retief *et al.* states the total leucocyte count ranging from 4000/cmm to 94000/cmm with an average of 16500/cmm. Around 54% of the patients had higher leucocyte count.^[4]

Regarding distribution, our study had 2% of cases with low leucocyte counts, 19% with normal counts and

79% with high counts. The study by Ken Sang Lee *et al.* had 10% of cases with low count, 39% with normal and 51% with high count ^[7]and the study by Retief *et al.*, 44% of the patients had count between 4000/cmm and 11000/cmm, and remaining 56% had high count.^[4]

iv) **Platelet count distribution:** In our study, 60% of the patients had low platelet count, normal platelet count was seen in 32% and high platelet counts in 8%. This corresponds to the study by Ken Sang Lee *et al.* who recorded low platelet count in 60%, normal in 27% and high platelet count in 13%.^[7]

v) **Distribution of causes of LER:** In present study, hemolytic diseases (HD) was the most common (29%) cause of the LER, followed by liver diseases (LD) (22%) and septicemia (SP) (18%). This distribution is different from the causes of LER mentioned in the studies by Retief *et al.*^[4], Vaughan *et al.*^[1], Burkett *et al.*^[8] and Ken Sang Lee *et al.*^[7]This is because of the different pool of samples for the individual study.

vi) **Hemoglobin distribution among various causes of LER**

In our study, average hemoglobin was lowest with megaloblastic anemia, followed by hemolytic diseases. Higher average hemoglobin values were seen with septicemia followed by liver diseases. One case of multiple myeloma also had lower hemoglobin levels. One case of autoimmune vasculitis had the highest haemoglobin level in our study (12.6 g/dL).

In Vaughan’s study, lower levels of hemoglobin were seen with carcinomatosis and higher levels were seen with myelosclerosis.^[1] In Retief’s study, lower haemoglobin levels were seen with carcinomatosis and hemolytic diseases and higher levels were seen with septicemia. ^[4] Burkett’s study associated lower levels

Vaughan et al.	Retief et al.	Burkett et al.	Ken Sang Lee et al.
Carcinomatosis, 61	Infections, 35	Leukemia & Lymphoma, 31	Leukemia & Lymphoma, 22
Myelomatosis, 23	Carcinomatosis, 11	Myeloproliferatedisorders, 13	Carcinomatosis, 12
Myelosclerosis, 8	Hemolytic diseases, 8	Hemolytic anemia, 9	Benign hematological diseases, 10
Thalassemia, 8	Megaloblastic anemia, 5	Carcinomatosis, 8	Myeloproliferative disorders, 10
	Myelomatosis, 5	Megaloblastic anemia, 7	Infections, 10
	Myeloproliferative disorders, 5	Infections, 7	Liver diseases, 4
	Acute leukemia, 5	Multiple myeloma, 6	Multiple myeloma, 1
	Hodgkin’s disease, 5	Hemorrhage, 4	

of hemoglobin with carcinomatosis, megaloblastic anemia, hemorrhage and hemolytic diseases and higher levels of hemoglobin with septicemia followed by myelosclerosis.^[8]

Findings from our study correlates with that of Retief's.^[4]

vii) Total leucocyte count distribution among various causes of LER

In our study, highest average corrected total count was seen with myeloproliferative disorders, followed by infections, followed by liver diseases. Lower total counts were associated with megaloblastic anemia. Our findings were in concordance with Retief's study, where higher counts were associated with myeloproliferative disorders followed by septicemia. Lower counts were associated with megaloblastic anemia, Hodgkin's lymphoma and severe sepsis.^[4]

vii) Platelet count distribution among various causes of LER

In our study, higher average platelet values are associated with myeloproliferative disorders, followed by hemolytic diseases. Lowest average platelet values were seen with megaloblastic anemia, followed by infections and one case of disseminated malignancy.

Retief mentions in his study that low platelet counts were commonly associated with infections, followed by acute leukemia^[4] and this correlates with our findings.

ix) Average values of Hb, TLC and platelet count among various causes of LER

Average hemoglobin was lowest with megaloblastic anemia, followed by hemolytic diseases. Higher average hemoglobin values were seen with septicemia. Highest average corrected total leucocyte count was seen with myeloproliferative disorders, followed by septicemia and liver diseases. Lower total leucocyte counts were associated with megaloblastic anemia. Higher average platelet values were associated with myeloproliferative disorders, followed by hemolytic diseases. Lowest average platelet values were seen with megaloblastic anemia, followed by septicemia. Megaloblastic anemia had the lowest average values of all the above three parameters.

This was in concordance with the studies by Retief^[4] and Burkett *et al.*^[8]

x) Distribution of nucleated RBCs, Reticulocyte count and WBC precursors among various causes of LER

In the present study, nRBC counts were in the range of 2 to 588 with an average of 43 per 100 WBCs

counted. This range in Vaughan study^[1] was in the range between 1 and 106 with an average of 36 per 100 WBCs, which was correlating with the reports of the present study. Retief^[4] reported nRBC count range of 1 to 19 with an average of 3 nRBCs per 100 WBCs. In Burkett's study^[8] it was in the range of 1 to 23 with an average of 5 per 100 WBCs.

Highest reticulocyte percentage in our study was seen with hemolytic diseases, followed by megaloblastic anemia. The causes associated with lower reticulocyte count in descending order of frequency were myeloproliferative disorders, infections and liver diseases, and one case of disseminated malignancy. This is in concordance with other studies in literature. Vaughan associated higher reticulocyte percentages with thalassemia and lower percentages with myelosclerosis.^[1] Burkett also associated high reticulocyte percentages with hemolytic diseases followed by cases with hypoxia, while he also mentions one case of leukemia^[4], classified under 'other leukemias' to have a high reticulocyte count of 31%, which probably might be erythroleukemia. Low average percentages of reticulocyte counts were mentioned to be seen with multiple myeloma, infections and acute leukemia.^[8]

In our study, counts of leucocyte precursors (metamyelocytes, myelocytes, promyelocytes and myeloblasts) varied from 3 to 44 percentage, with an average of 11. Vaughan mentions a range of 1 to 12 precursors in 200 cell WBC differential.^[1] Retief mentions precursors count to range from 2 to 69 with average of 9.1. In Burkett's study, range was from 1 to 95 with average of 13.^[8]

Average number of WBC precursors in the present study correlate with the average in all these studies. Also in our study, highest number and high average number of WBC precursors were seen with myeloproliferative diseases and this was followed by septicemia. Lower numbers were seen with multiple myeloma, disseminated malignancy and hemolytic diseases. This is in concordance with the findings from Retief *et al.* study in which highest number of WBC precursors were seen with myelofibrosis, followed by chronic myelogenous leukemia, followed by infection.^[4] Also it matches with the Burkett's study, where higher numbers were seen with acute leukemia, followed by chronic myelogenous leukemia, followed by myelofibrosis and infections. Lower numbers were associated with multiple myeloma, hemolytic diseases and megaloblastic anemia.^[8]

xi) Mean corpuscular volume (MCV) and Red blood cell distribution width (RDW-SD) among various causes of LER

MCV values in our study ranged from 53.2 to 124 fL, with an average of 85 fL. RDW-SD values ranged from 11.3 to 40, with an average of 23. In Vaughan's study, MCV was measured only in 4 cases, and it ranged from 83.6 to 109, with an average of 87.5%.^[1]

Higher values of mean corpuscular volume (MCV) in our study were seen with megaloblastic anemia, highest MCV noted being 124.2 fL with an average of 103 fL. Average low values were seen with hemolytic diseases. Higher values of red cell distribution width (RDW – SD) were seen with myeloproliferative disorders, followed by hemolytic diseases.

MCV and RDW values weren't studied in association with leucoerythroblastosis in literature, yet Vaughan mentions a case with high MCV (109 fL) in a splenectomised case of myelosclerosis, attributing the presence of macrocytosis to splenomegaly.^[1]

Conclusion

With current study, it is evident that leucoerythroblastic reaction can be seen in a variety of conditions apart from carcinomatosis, as believed once [9]. These various etiologies should be considered or ruled out when this picture is encountered on peripheral blood smear. Detailed analysis of hematological parameters and examination of peripheral blood smear for morphology of RBCs, WBCs and platelets give a clue to the etiology. Work up with further investigations is required for confirmation of the etiology. Very limited literature is available on this

topic and hence this publication will enrich the evidence available.

Limitations

The present study was conducted in a single institute. Multicentre studies in similar context would shed more light on the subject. We have collected data from only one institute; therefore, population is relatively homogenous.

References

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