

# Malignant Lymphomas of the Genitourinary Tract: a Single Center Study in Western India

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## Abstract

**Background:** Genitourinary (GU) lymphomas are rare, accounting for <5% of extranodal lymphomas (ENL). We analyzed 43 cases of GU lymphomas in both sexes. To determine the epidemiology, clinicopathological, and immunohistochemical features of GU lymphomas.

**Materials and Methods:** We conducted a retrospective analysis of archival cases from the Department of Oncopathology over a 7-year period (January 2018 to December 2024). Slides and blocks were retrieved and reviewed.

**Results:** A total of 43 cases of GU lymphomas were obtained. 32 out of 43 cases (74.4%) were primary, and the rest 11 cases (25.6%) were secondary. The mean age at diagnosis was 47 years. The male: female ratio was 1.2:1. Testis (34.9%) followed by ovaries (32.6%) were the most frequently involved sites. Other less commonly involved sites were kidney, urinary bladder, penis, prostate, and vagina. Diffuse large B-cell lymphoma (DLBCL, 65.1%) was found to be the most common subtype. Neither T-cell lymphoma nor Hodgkin lymphoma cases were identified. HIV seropositivity was noted in 2 ovarian Burkitt lymphoma cases. Bone marrow involvement occurred in 4 cases. Mean follow-up duration was 11.9 months, with two patient deaths.

**Conclusion:** GU lymphomas, though extremely rare, have a variety of subtypes. Hence, one should be cognizant of the possibility of lymphoma arising in these sites to avoid misdiagnosis. Use of immunohistochemistry and other molecular techniques further assists in its accurate diagnosis.

**Keywords:** Diffuse large B-cell lymphoma; Extranodal lymphoma; Genitourinary lymphoma.

## Introduction

Primary extra-nodal lymphomas are lymphomas with no or only minor lymph nodal involvement associated with a clinically dominant extra-nodal component. They can almost originate in every organ.[1] Incidence of extra-nodal lymphomas (ENL) is approximately 25-40%.[2] Genitourinary (GU) lymphomas account for <5% of ENL.[3] Early recognition of this neoplasm is crucial for both the diagnostic and therapeutic standpoint: firstly, as lymphoid neoplasms are mostly treated with chemotherapy, rather than surgery, and secondly, for precise classification, fresh tissue may be necessary for molecular studies. We reviewed 43 cases of ENLs of the GU tract and studied their epidemiology and clinicopathological and immunohistopathological features. Our study included both primary and secondary lymphomas as well as genitourinary tracts of both males and females.

## Materials and Methods

This was a retrospective observational study done in the Department of Oncopathology of our institute for 7-year period (January 2018 to December 2024). The patient details were retrieved from the hospital databases and case files. Hematoxylin and eosin (H&E) stained slides and slides stained with various immunohistochemical stains were retrieved and reviewed. In certain cases, additional immunostains using the Ventana Benchmark Ultra automated staining system were performed.

## Results

A total of 495 cases of ENLs were obtained, and 43 (8.7%) cases were of GU tract. 32 out of 43 cases (74.4%) were primary lymphomas, and the remaining 11 cases (25.6%) were secondary. The mean age at diagnosis was 47 years (range 6-72 years). 37 cases were in adults, and 6 cases were in the pediatric population. The male: female ratio was 1.2:1. The patient characteristics are shown in Table 1. Diagnosis was confirmed via biopsy (n=22) and surgical specimen (n=21). Of these 21 surgical specimen cases, no pre-resection biopsies were done in 8 cases, and the rest of the 13 cases were review cases. Distribution of the various sites and histopathological types are shown in Tables 2 and 3, respectively. Diffuse large B cell lymphoma (DLBCL) was found to be the most common sub-type, comprising about 65.1% of all GU lymphoma cases. 17 out of these 28 DLBCL cases were of non-germinal center type (according to Hans algorithm). Neither T-cell lymphoma nor Hodgkin lymphoma cases were identified. HIV seropositivity was found in two cases of ovarian Burkitt lymphoma. Ascites was detected in two cases of Ovarian lymphoma (1 DLBCL & 1 Burkitt lymphoma). One case each of the following showed bone marrow involvement: testicular B-lymphoblastic lymphoma, ovarian Burkitt lymphoma, ovarian diffuse large B-cell lymphoma (DLBCL), and renal small lymphocytic lymphoma (SLL). The mean follow-up was about 11.9 months. Nine cases (20.9%) were lost to follow-up, and two patients (one case each of DLBCL of kidney and B-lymphoblastic lymphoma of testis) died.

**Table 1:** Showing patient characteristics.

Patient Characteristics	Results
Mean age (years)	47
Male: female ratio	1.2:1
Mean platelet count (cell/mm <sup>3</sup> )	3.8 ± 1.4 lakhs
Mean hemoglobin (gm/dl)	10.22 ± 2.08
Mean LDH (U/L)	546.03
HIV seropositivity	2/43
Bone marrow involvement	4/43
Ascites	2/43
Ann Arbor staging	
I	36
II	2
III	1
IV	4

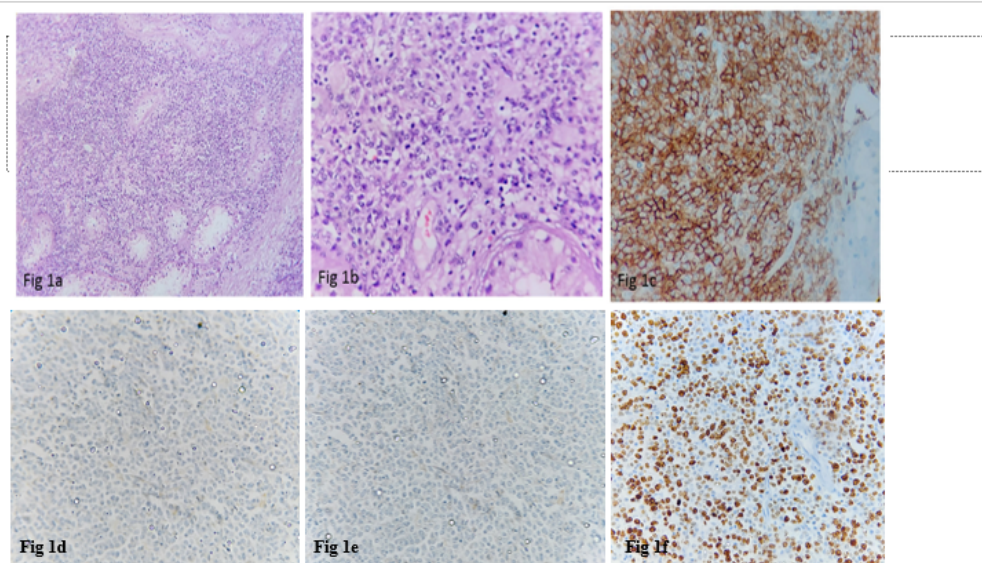
**Table 2:** Showing the distribution of sites involved in GU lymphoma.

Sites	Number of cases (percentage)	Types of lymphoma
Testis	15 (34.9)	DLBCL (12) B-LL (2) PL (1)
Ovary	14 (32.6)	DLBCL (7) BL (4) B-LL (3)
Kidney	8 (18.6)	DLBCL (5) SLL (1) EMZL (1) B-LL (1)
Urinary bladder	3 (7.0)	DLBCL (2) EMZL (1)
Penis	1 (2.3)	MCL (1)
Vagina	1 (2.3)	DLBCL (1)
Prostate	1 (2.3)	DLBCL (1)

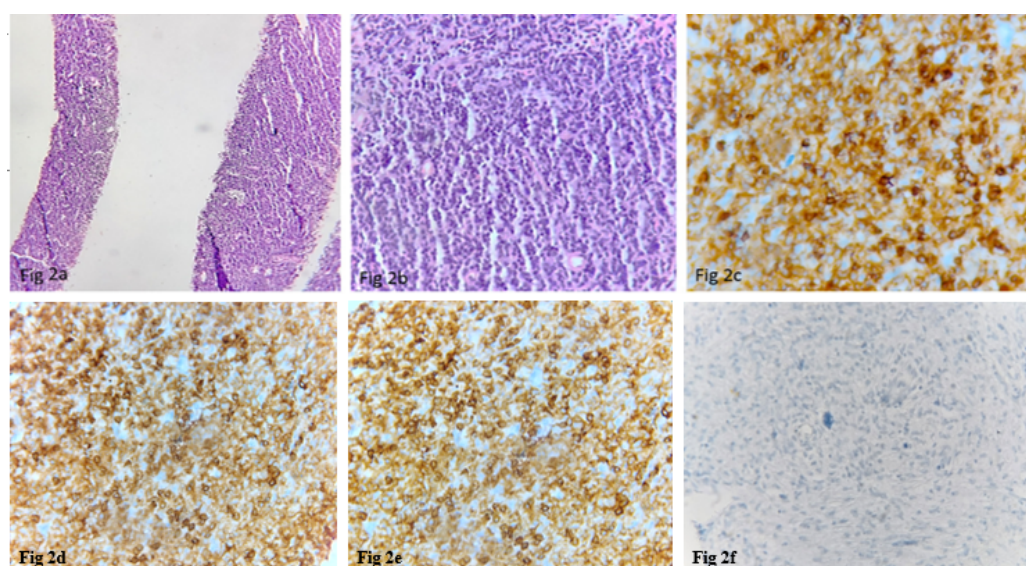
BL, Burkitt lymphoma; B-LL, B-lymphoblastic lymphoma; DLBCL, Diffuse large B-cell lymphoma; EMZL, Extranodal marginal zone lymphoma; MCL, Mantle cell lymphoma; PL, Plasmablastic lymphoma; SLL, Small lymphocytic lymphoma

## Discussion

Approximately a third of Non-Hodgkin lymphomas (NHL) arise from sites other than lymph nodes, spleen, or bone marrow.[2] The determination of primary versus secondary involvement of extranodal sites by lymphoma continues to pose problems. We used the criteria proposed by Krol et al [4] which states that any lymphoma with initial presentation at an extranodal site should be considered extranodal, even if disseminated disease is discovered, in cases where the extranodal



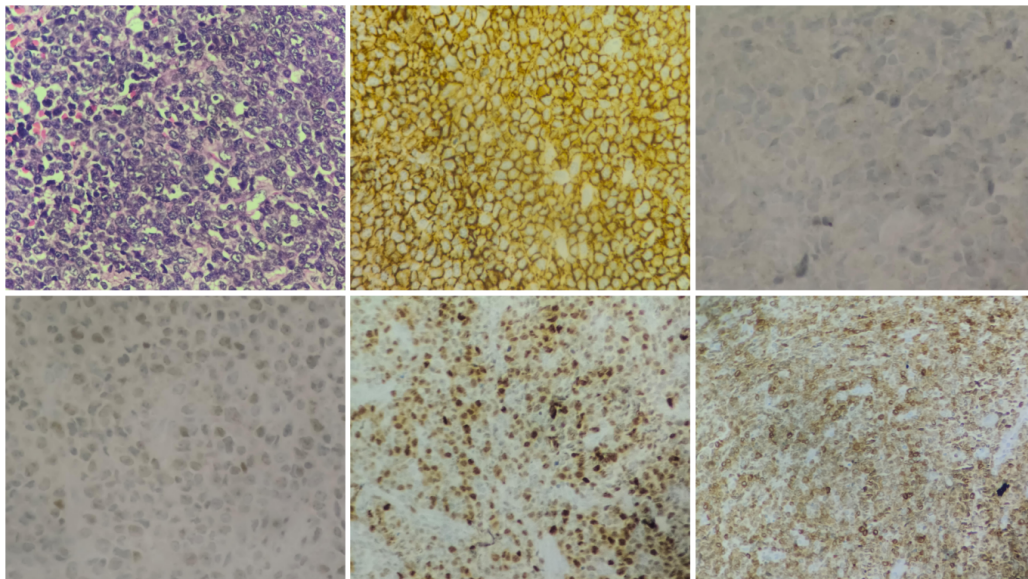
**Figure 1:** Testis with involvement by diffuse large B-cell lymphoma, activated B-cell subtype. (a) Intertubular proliferation of atypical lymphoid cells (H&E, X100). (b) Large atypical cells with oval to irregular nuclei (H&E, X100). (c) Positivity for CD20 (IHC, X400). (d) Negativity for CD10 (IHC, X400). (e) Negativity for BCL6 (IHC, X400). (f) Positivity for MUM1 (IHC, X400).



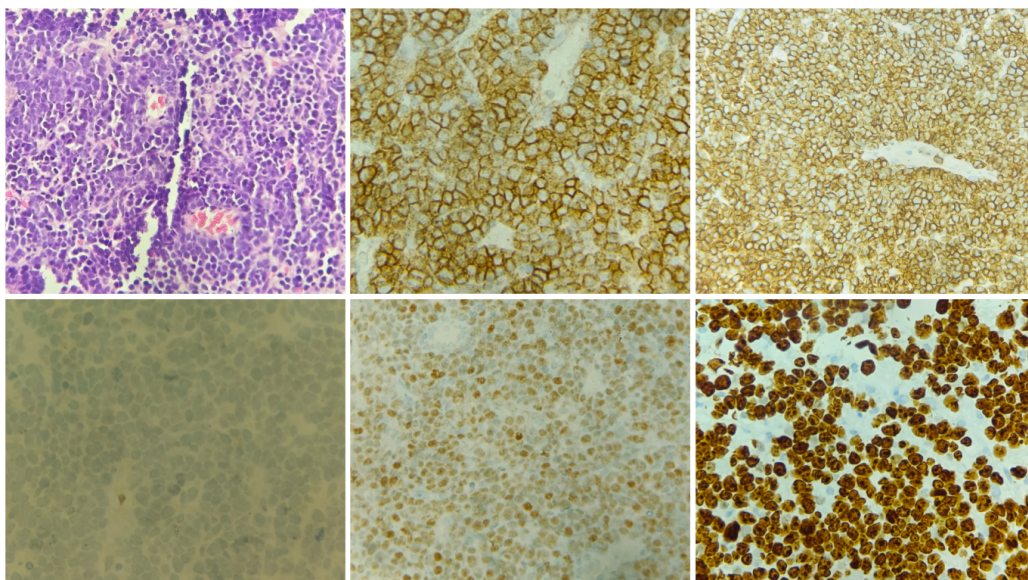
ure (2) Kidney with involvement by CLL/SLL {a} Low power view showing diffuse sheets of small atypical lymphoid cells seen. No renal tissue was

**Figure 2:** Ovary with involvement by Burkitt lymphoma. (a) Sheets of monotonous intermediate size atypical lymphoid cells (H&E, X400). (b) Positivity for CD20 (IHC, X400). (c) CD10 stain is strongly and diffusely positive (IHC, X100). (d) Negativity for BCL2 (IHC, X400). (e) Positivity for MYC (IHC, X400). (f) Ki-67 is ~ 100% positive (IHC, X400).





**Figure 3:** Kidney with involvement by small lymphocytic lymphoma (SLL). (a) Sheets of atypical lymphoid cells (H&E, X100). (b) Small cells with condensed chromatin (H&E, X100). (c) Positivity for CD20 (IHC, X400). (d) Positivity for CD5 (IHC, X400). (e) Positivity for CD23 (IHC, X400). (f) Negativity for Cyclin D1 (IHC, X400).



**Figure 4:** Bladder with involvement by diffuse large B-cell lymphoma, activated B-cell subtype. (a) Large atypical cells with oval to irregular nuclei (H&E, X400). (b) Positivity for CD20 (IHC, X400). (c) Negativity for CD10 (IHC, X400). (d) Focal positivity for BCL6 (IHC, X400). (e) Positivity for MUM1 (IHC, X400). (f) Positivity for BCL2 (IHC, X400).

**Table 3:** Showing the distribution of histopathological types of GU lymphoma.

Histopathological type	Number of cases (percentage)
Diffuse large B-cell lymphoma	28 (65.11)
B-lymphoblastic lymphoma	6 (13.95)
Burkitt lymphoma	4 (9.30)
Extranodal marginal zone lymphoma	2 (4.65)
Small lymphocytic lymphoma	1 (2.33)
Mantle cell lymphoma	1 (2.33)
Plasmablastic lymphoma	1 (2.33)

component is clinically dominant. Primary extranodal lymphomas affecting GU tract are extremely rare, accounting for less than 5% of ENL. GU lymphomas are thought to arise from hematogenous dissemination or direct extension from another occult site.[5] An underlying clinically silent inflammatory or infectious process that transforms lymphoma may be another possibility.[6]

We came across a wide age range of our cases from 6-72 years with a slight predominance in males, which was at par with other studies.[3] Consistent with prior studies, B-cell NHLs predominated in our cohort.[7, 8, 9, 10, 11] Testis and ovaries were most commonly involved organs in our series. Schniederjan et al found testis as the most commonly involved organ of the male genitourinary tract.[3] Nasioudis et al also found ovarian lymphomas to be most frequent in the female genital tract.[12]

In the present study, testicular lymphomas predominantly included DLBCL (12 cases), B-lymphoblastic lymphoma (2 cases) and less frequently plasmablastic lymphoma (1 case). It is often misdiagnosed as seminoma. Splaying of seminiferous tubules by irregular aggregates, clusters, and cords of tumor cells and absence of germ cell neoplasia in situ (GCNIS) helps to rule out germ cell tumors, especially seminoma. GCNIS was not found in any of our cases, as in other studies.[3] In our study, primary testicular DLBCL, non-germinal center type was found to be the most common type (Figure 1).

Ovarian lymphomas account for 1.5% of all ovarian tumors and constitute 0.5-1% among all NHL.[12] It frequently occurs as bilateral lesions, especially in secondary cases.[14] However, 9 of our cases presented as bilateral masses; however, only 5 of them were secondary. Most common subtypes in our study were DLBCL (7 cases), followed by Burkitt lymphoma (4 cases) (Figure 2) and B-lymphoblastic lymphoma (3 cases). Differential diagnosis, especially in frozen sections included small cell carcinoma-hypercalcemic type, granulosa cell tumor, dysgerminoma, etc.

Renal lymphomas account for less than 1% of all kidney masses.[15] Renal masses in adults are often subjected to surgery with high clinical suspicion of renal cell carcinoma. They can be misdiagnosed as renal cell carcinoma or interstitial nephritis, mostly on biopsies. Moreover, as in one of our cases, in which tumor cells showed false positivity for PAX 8 and hinted towards a renal epithelial origin but other lymphoid markers were positive. This happens because of the cross-reactivity between the N-terminal region of PAX 8 and PAX5 due to the high sequence homology of these two regions.[16] The various lymphomas that we encountered in our study were DLBCL (5 cases), 1 case each of small lymphocytic lymphoma (SLL) (Figure 3), extranodal marginal zone lymphoma and B-lymphoblastic lymphoma. Five out of these 8 cases were secondary.

Urinary bladder lymphomas are also extremely uncommon and present as hematuria and urinary tract obstruction as in our cases. In our study, we reported two cases of DLBCL (Figure 4), and one case of extranodal marginal zone lymphoma. However, extranodal marginal zone lymphoma is found to be the most common subtype affecting urinary bladder as reported by Al-Maghrabi J et al [17] and Cohen DD et al. [18]

Penile lymphomas are very rare and typically of B-cell origin with DLBCL being the most common.[19, 20] Adults are affected more with only a few cases reported in children.[21] Our case was a known case of mantle cell lymphoma secondarily involving the penis in an adult. Merino de Paz N et al. also described a rare case of stage IV Ann Arbor mantle cell lymphoma presenting with cutaneous lesions on the nasal dorsum and glans penis as the initial manifestations.[?] ]

NHL uncommonly involves the vagina. DLBCL remains the most common histologic subtype. Our case was an old lady secondarily involved by DLBCL, a non-germinal center type. Vang et al [22] found that low-stage (presumably primary) vaginal NHL are DLBCL, tend to occur in younger women, and cause vaginal bleeding. High-stage NHL involving the vagina is usually DLBCL, tends to affect older women, and is relatively more heterogeneous clinically and histopathological, but also usually causes vaginal bleeding.

Malignant lymphoma involving the prostate is rare, whether it presents as a primary extra-nodal lymphoma or as secondary spread from other sites. Histologic diagnosis of prostate lymphoma can be particularly challenging, as it may morphologically mimic carcinoma.[23] According to Patel et al., while Non-Hodgkin lymphoma involves the urinary tract in 10% of cases, prostate involvement is rare, occurring in only 1%.[?] ] Among primary non-Hodgkin lymphomas of the prostate, diffuse large B-cell lymphoma (DLBCL) is the predominant histological variant, as documented in multiple studies.[25, 26] In

our study, a 72-year-old male patient presented with elevated PSA levels and obstructive voiding symptoms. Subsequent multi-parametric MRI revealed suspicious findings, leading to a prostate biopsy that confirmed a diagnosis of DLBCL of the prostate.

Other lymphomas which can affect the genital and urinary tract include ureter, urethra, cervix, and vulva.[27, 28] None of these sites were found to be involved in the present study.

In routine practice when one encounters GU malignancies with high grade morphology, one is likely to face differentials of carcinomas or germ cell tumors (younger patients). However, in the appropriate clinical set up, it becomes crucial to identify subtle morphological clues and not to miss out on diagnosing the rarer high grade lymphomas, as the management differs drastically. Meanwhile, a low grade lymphoid morphology brings non-neoplastic, reactive inflammatory conditions into the differential, where clinical details along with ancillary techniques can guide us in establishing the correct diagnosis.

Hence GU lymphomas, though rare, must be considered in GU masses to avoid misdiagnosis and unnecessary radical surgery. Key pitfalls include seminoma vs testicular DLBCL, RCC vs renal lymphoma (PAX8 cross-reactivity), and poorly differentiated carcinoma vs bladder lymphoma. Reports should specify primary/secondary status, WHO subtype, cell-of-origin, Ki-67, and marrow/HIV findings, as these guide therapy—shifting from surgery to systemic chemotherapy (e.g., R-CHOP), flagging CNS prophylaxis in testicular DLBCL, and urgent referral for Burkitt/lymphoblastic lymphoma.

Currently, there is no recognized standard treatment for GU lymphomas. Treatment received in our cases consisted of various combinations of surgery, chemotherapy, and radiotherapy. But upon confirmed diagnosis of lymphoma of the GU tract, ideally a standard NHL chemotherapy regime, such as rituximab, cyclophosphamide, hydroxydaunorubicin, oncovin, and prednisone (R-CHOP), is usually administered. As NHL is very responsive to chemotherapy, radical surgeries can be avoided if the correct diagnosis is made preoperatively. All of our cases responded well to the R-CHOP chemotherapy, with only 2 patients succumbing to the disease.

## Conclusion

GU lymphomas, though extremely rare, have a variety of subtypes. A high index of suspicion with meticulous observation of the cellular details and judicious use of IHC panel is required for its correct recognition, especially on small biopsies to avoid radical surgeries. Our study provided a sound basis for determining the finer details and the distribution pattern of GU lymphomas. However, an updated examination according to the recent WHO classification is warranted. A personalized treatment option should be developed in conjunction with the latest literature for improved patient care.

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**Competing Interests:** None

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